



MODULE 17A: LIFESTYLE AND CAREER

Choose from the Suggested Activities below to find activities to help your students meet the outcome for this module from the Saskatchewan Financial Literacy 20/30 curriculum.

All resources for this module's activities can be found on saskmoney.ca.

OUTCOME

Explore career options to support one's desired lifestyle goals.

INDICATORS

- Define the term, lifestyle.
- Reflect on one's current lifestyle including needs and wants.
- Explore how various perspectives (e.g., cultural, religious and community) affect one's lifestyle.
- Describe one's desired lifestyle goals for after high school.
- Research costs (e.g., housing, transportation, entertainment and education) associated with one's desired lifestyle goals.
- Investigate the earning potential of several career options of personal interest.
- Compare the costs of one's desired lifestyle with the anticipated earning potential of several career options.
- Discuss ways (e.g., increase income and reduce expenses) to align the earning potential of one's chosen career with the costs associated with one's desired future lifestyle.

OVERVIEW

Students will focus their attention on what future occupations might best fit them and provide the students with some practical skills in the areas of finding a job. At the end of this lesson, students will be able to explain various tips that are useful in selecting a career and how this can impact their financial future.

PREREQUISITE

None

SUGGESTED TIME

2-3 hours

RESOURCES

- Money and Youth* Textbook, p. 68–75 or photocopy PDF titled, "Career Under Construction"
- Young Workers Readiness Certificate Link: <https://ywrcc.ca/>
- www.myblueprint.ca
- Relevance* magazine www.saskatooniec.ca/relevance
- Finances, Debt, and Wellness
- The City—two activities
- FLC- Careers and Budgeting (secondary)

ASSESSMENT

- Young Workers Readiness Certificate—optional (usually a Grade 9 activity)
- feedback on myblueprint or *Relevance* magazine chart

MODULE 17A: CONTINUED

SUGGESTED ACTIVITIES

1. Students can create a **myblueprint.ca** account.
 - After logging in. Have the students search for three jobs that interest them under the “Work” tab: <https://core.myblueprint.ca/V5/Work/Jobs>
 - Have the students create a chart where they list:

Job	Post-secondary training needed	Pay expectations	Three ideas of how their lifestyle would be impacted as an adult working in this profession

- Ask the students to share one of their career options with the class.
 - Note: students could also use the job chart, or read interviews with professionals in *Relevance* magazine: www.saskatooniec.ca/relevance/. Whether using the paper or online version of the magazine, check out the Facilitator Guide.
2. If you haven't discussed this in Module 2 or 6A use the “Finances, Debt, and Wellness” activity in the Resources tab.
 3. Use one or both of the “Lifestyle” assignments from **The City**.
 4. Read *Money and Youth* (pages 68-75).
 5. (For Secondary Students) Use the University of Waterloo's **FLC- Careers and Budgeting** activity.

For more curriculum information, please visit the Government of Saskatchewan curriculum website.