



MODULE 17A: LIFESTYLE AND CAREER

Choose from the Suggested Activities below to find activities to help your students meet the outcome for this module from the Saskatchewan Financial Literacy 20/30 curriculum.

All resources for this module's activities can be found on saskmoney.ca.

OUTCOME

Explore career options to support one's desired lifestyle goals.

INDICATORS

- Define the term, lifestyle.
- Reflect on one's current lifestyle including needs and wants.
- Explore how various perspectives (e.g., cultural, religious and community) affect one's lifestyle.
- Describe one's desired lifestyle goals for after high school.
- Research costs (e.g., housing, transportation, entertainment and education) associated with one's desired lifestyle goals.
- Investigate the earning potential of several career options of personal interest.
- Compare the costs of one's desired lifestyle with the anticipated earning potential of several career options.
- Discuss ways (e.g., increase income and reduce expenses) to align the earning potential of one's chosen career with the costs associated with one's desired future lifestyle.

OVERVIEW

Students will focus their attention on what future occupations might best fit them and provide the students with some practical skills in the areas of finding a job. At the end of this lesson, students will be able to explain various tips that are useful in selecting a career and how this can impact their financial future.

PREREQUISITE

None

SUGGESTED TIME

2-3 hours

RESOURCES

- Money and Youth* Textbook, p. 68-75 or photocopy PDF titled, "Career Under Construction"
- Boost Ball Instructions
- Young Workers Readiness Certificate Link: <https://ywrcc.ca/>
- www.myblueprint.ca
- Relevance* magazine www.saskatooniec.ca/relevance
- Finances, Debt, and Wellness
- The City—two activities

ASSESSMENT

- Boost Ball results
- Young Workers Readiness Certificate—optional
- feedback on myblueprint or *Relevance* magazine chart

MODULE 17A: CONTINUED

SUGGESTED ACTIVITIES

1. Students can create a **myblueprint.ca** account.
 - After logging in. Have the students search for three jobs that interest them under the “Work” tab: <https://core.myblueprint.ca/V5/Work/Jobs>
 - Have the students create a chart where they list:

Job	Post-secondary training needed	Pay expectations	Three ideas of how their lifestyle would be impacted as an adult working in this profession

- Ask the students to share one of their career options with the class.
 - Note: students could also use the job chart, or read interviews with professionals in *Relevance* magazine: www.saskatooniec.ca/relevance/. Whether using the paper or online version of the magazine, check out the Facilitator Guide.
2. If you haven’t discussed this in Module 2 or 6A use the “Finances, Debt, and Wellness” activity in the Resources tab.
 3. Use one or both of the “**Lifestyle**” assignments from *The City*.
 4. **Lifestyle and careers**
 - Begin the lesson by asking the students, through a show of hands, to indicate if they have taken some time to consider possible career choices.
 - Ask those who responded positively to explain whether or not they found it a challenging experience and have them explain their answer.
 - Once this has been done, indicate to them that there are some helpful hints available to them in the areas of choosing a career.
 - Inform them that they are going to be assigned some reading (Pages 68–75 of Module 6 of *Money and Youth*) and then play a game called Boost Ball in order to review the material.
 - Divide the class into four groups and ask them to read and prepare the material for the game.
 - Tell them that they will have to have all materials closed during the game so they should, as a group, make certain that they understand and remember the material.
- Allow the groups time to read and prepare the material.
 - Once they have done this, review the rules of Boost Ball with them—found under Handouts/Resources below.
 - Once they are clear on how the game is played, have them close all reference materials and begin the game.
 - The game will be comprised of four innings—each group having a start at leading off.
 - Once the four innings have been played the game is over and the group with the most points will be declared the winner.
 - These are the four questions that will be asked by the teacher—one for each inning:
 1. What are the things that you should consider when considering and picking a career?
 2. What tips can you provide on finding a job?
 3. What are some helpful hints on preparing a resume?
 4. What tips and information can you provide on job interviewing?
 - Begin the game by asking the first question and proceed as far as the remaining time will allow. (You may have to go into another class period)
 - Once the game has been concluded and a winner declared, hold a plenary session and address any questions or comments that may arise based on the material of the lesson.

For more curriculum information, please visit the Government of Saskatchewan curriculum website.