

NAME:

DATE:

Career Decisions

Preview this document and note the main topics and ideas. Use these activity pages to take notes and document with a logical file name in your personal workspace so you can refer back to it later.

Step One: Reflect on Your Interests

You have reviewed the steps in selecting a career and planning for your future. The first step in making a career decision is to connect to your life. You can do this by thinking about your interests and academic strengths and resources. Follow the steps to complete your self-reflection.

1. What are your interests outside of school? Think about how you spend your spare time. Do you participate in any extracurricular activities or pursue any hobbies? Are you currently working in an industry in which you may consider a career? Consider these questions and come up with a list of **at least five** potential interests.

Answer

2. Reflect on your academic career. Do any subjects come easily to you? Are any subjects especially difficult? Where are you in your high school career? What courses have you taken already? What courses are you planning to take?

Answer

3. Complete the My Next Move interest survey at <https://www.mynextmove.org/explore/ip>. According to the survey, what are some possible careers for you?

Answer

Step Two: Research a Career

Review the information you gathered in Step One. **Choose three careers** to research. Using online resources, gather information about each career and use the chart to record your research data.

CAREER RESEARCH DATA

	Education	Job Skills	Daily Life (Work Schedule)	Salary
Career 1				
Career 2				
Career 3				

Review the information from Steps One and Two. If you were to choose a career today, which one best fits your interests and provides the type of life you want to live?

Answer

Step Three: Set a SMART Goal

Now that you have chosen a career, practice setting a SMART goal that will get you closer to achieving that career.

1. What does SMART mean?

Answer

2. What is one SMART goal that you can set related to achieving your chosen career?

Answer